

Play2Day Summer Term Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Mediterranean Vegetables & Cous-cous (G)	Macaroni Cheese with Peas & Sweetcorn (D,G)	Chicken Fried Rice with Prawn Crackers (Celery, Crustaceans)	Cod in Tomato Sauce with New Potatoes & Green Beans (F)	Meatballs in Gravy with Wedges, Cauliflower & Broccoli (G,S)
Dessert	Peaches & Pears with Ice-cream (D)	Cookies (G,E)	Jelly	Lemon & Blueberry Crumble Sponge (G,E)	Angel Delight (D)
Snack	Rolling Snack with Milk or Water				
Tea	Tuna Pasta Salad (F,G,E)	Ham Sandwiches & Salad (G)	Cheese Scones & Salad (D,G)	Chicken Mayo Wraps & Salad (G,E)	Tomato & Lentil Soup (Celery)
Dessert	Choice of Fruit or Yoghurt				

G = Gluten

F = Fish

E = Egg

D = Dairy

S = Soya

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Fish Pie & Green Beans (F,D,Crustaceans)	Mixed Bean Noodles (G,E)	Sausage & Bean Casserole with Roast Potatoes (Sulphites)	Chicken Korma & Rice	Vegetable Fajitas, New Potatoes & Cheese (D,G)
Dessert	Raspberry Jam & Coconut Sponge (G,E)	Angel Delight (D)	Fruit Salad	Jelly & Ice-cream (D)	Chocolate Shortbread (G)
Snack	Rolling Snack with Milk or Water				
Tea	Chicken Mayo Wraps & Salad (G,E)	Tuna Pasta Salad (F,G,E)	Tomato & Lentil Soup (Celery)	Cheese Scones & Salad (D,G)	Ham Sandwiches & Salad (G)
Dessert	Choice of Fruit or Yoghurt				

G = Gluten

F = Fish

E = Egg

D = Dairy

S = Soya

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Beef Bolognese Pasta & Garlic Bread (G)	Sweet & Sour Chicken with Rice (G)	Stuffed Jackets & Beans (D)	Vegetable Burritos & Cous-cous (G)	Fish Fingers, Mash & Peas (G,F)
Dessert	Mango, Pineapple & Orange Smoothie	Chocolate & Beetroot Sponge (G,E)	Apple & Cinnamon Flapjacks	Frozen Yoghurts (D)	Jelly
Snack	Rolling Snack with Milk or Water				
Tea	Tomato & Lentil Soup (Celery)	Cheese Scones & Salad (D,G)	Tuna Pasta Salad (F,G,E)	Ham Sandwiches & Salad (G)	Chicken Mayo Wraps & Salad (G,E)
Dessert	Choice of Fruit or Yoghurt				

G = Gluten

F = Fish

E = Egg

D = Dairy

S = Soya