

Play2Day Autumn Term Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Salmon & Cod Paella (F,Celery)	Vegetable Fajitas, New Potatoes & Cheese (G,D,Peppers)	Mediterranean Vegetables, Pasta & Garlic Bread (G,Peppers, Chickpeas)	Roast Beef, Mash, Green Beans, Carrots, Yorkshire Pudding & Gravy (G,E,D,S)	BBQ Chicken with Noodles (G,E)
Dessert	Date Flapjack (G)	Strawberry Jelly	Fruit Salad	Chocolate Fudge Cake (G,E)	Angel Delight (D)
Snack	Rolling Snack with Milk or Water				
Tea	Ham Pasta Salad (G)	Tuna Wraps & Salad (G,F,E)	Chicken Sandwiches & Salad (G,E)	Beans on Toast (G)	Pizza Muffins & Salad (G,D,S)
Dessert	Choice of Fruit or Yoghurt				

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Chicken Goujons, Wedges & Peas (G)	Beef Chilli & Rice (Peppers)	Mixed Bean Noodles (G,E)	Tuna Pasta Bake (G,D,F)	Roasted Vegetables & Cous-cous (G)
Dessert	Fruit Platter	Mango Fool (D)	Jelly	Cookies (G,E)	Apple & Cinnamon Crumble Sponge (G,E)
Snack	Rolling Snack with Milk or Water				
Tea	Beans on Toast (G)	Pizza Muffins & Salad (G,D,S)	Ham Pasta Salad (G)	Chicken Sandwiches & Salad (G,E)	Tuna Wraps & Salad (G,F,E)
Dessert	Choice of Fruit or Yoghurt				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast provided between 8am and 9am with an option of cereal or toast				
Snack	Rolling Snack with Milk or Water				
Lunch	Vegetable Lasagne & Garlic Bread (G,D,E, Celery, Peppers, Chickpeas)	Fishcakes, Wedges & Beans (G,D,F,Mustard)	Roast Chicken, New Potatoes, Cauliflower, Broccoli & Gravy (G,S)	Sweet Potato Korma & Cous-cous (G, Peppers)	Moroccan Meatballs & Rice (G)
Dessert	Angel Delight (D)	Spinach Mint Chocolate Cake (G,D,E)	Gingerbread Men (G,E)	Jelly	Fruit Salad
Snack	Rolling Snack with Milk or Water				
Tea	Chicken Sandwiches & Salad (G,E)	Ham Pasta Salad (G)	Pizza Muffins & Salad (G,D,S)	Tuna Wraps & Salad (G,F,E)	Beans on Toast (G)
Dessert	Choice of Fruit or Yoghurt				

G = Gluten
F = Fish

E = Egg
D = Dairy

S = Soya